

# MAURITIUS RESEARCH AND INNOVATION COUNCIL (MRIC)

## SOCIAL INNOVATION & RESEARCH GRANT SCHEME (SIRGS)

### Project Summary

<b>Title of Project:</b> Research on long-term holistic accompaniment of families living in poverty in the Republic of Mauritius
<b>Main applicant:</b> University of Mauritius
<b>Mauritian NGO:</b> Lovebridge
<b>Project Leader:</b> Mr Nicolas Jean Francois Ragodoo
<b>Team members:</b> Mrs Deepa Gokulsing Mrs Asrani Gopaul Mrs Fabiola Ramsamy
<p style="text-align: center;"><b>Technical Abstract</b></p> <p>The primary aim of this study is to analyse the long-term holistic accompaniment approach adopted by Lovebridge, and its impact on the empowerment of people living in situations of poverty. Sub-objectives have been set:</p> <ul style="list-style-type: none"><li>• To take a deep insight into the accompaniment model developed and implemented by Lovebridge;</li><li>• To evaluate the role played by Motivation, positive Attitude, Skills and Courage (MASCO) and by other pillars in the move towards empowerment;</li><li>• To examine the horizontal approach in the empowerment process and its complementarity to vertical interventions;</li><li>• To critically examine the overall effectiveness of the long-term holistic accompaniment approach as a tool to empower people living in situations of poverty.</li></ul> <p>This study will have a direct impact on the 260 families (<math>\pm 1300</math> individuals) living in 55 localities in Mauritius, and presently being accompanied and supported by Lovebridge. On the innovative aspect, this research project also adopts a participative approach as the feedbacks provided by the beneficiaries will contribute to the advancement of the accompaniment method by highlighting the best practices and other aspects which can be improved. Other families living in situations of poverty will benefit from the replication or upscaling of the project which will be done based on the recommendations of the present study and as such through the beneficiaries' contributions.</p>
<b>Key Words:</b> poverty alleviation, accompaniment of families, holistic approach, Lovebridge, beneficiaries